

# Clinical Research

## Should I Participate?

As a volunteer in a clinical research trial, you will not only take on an active role in your own health care, but you will also participate in the development of medical therapies that may offer better treatments and cures for diseases. Gaining access to new research treatments before they become publicly available in the marketplace could provide you with medical treatment that is otherwise not obtainable, ultimately improving the medical care you now receive.

Whatever reason you chose to participate in clinical research, be assured that you are **engaging in the advancement of medical treatments and potential cures for chronic or life-threatening diseases.**

*If you think you may qualify for a study or are interested in participating in a research study, call a study specialist at (505) 923-3232.*

### Gout and High Risk Cardiovascular Disease

We are conducting a clinical trial to evaluate 2 approved medications. If you have experienced a major cardiovascular event and have gout, you may be eligible to participate if you are:

- Men  $\geq$  50 yrs, Women  $\geq$  55 yrs
- History or Presence of Gout

TAK TMX 67\_301

### Type 2 Diabetes

This is a trial for an approved medication. We are currently looking for patients with a history of high risk cardiovascular events and albuminuria or evidence of kidney function. You may be eligible to participate if you are:

- Men or women  $\geq$  18 yrs old
- HbA1c  $\geq$  6.5 % and  $\leq$  10 %

BIP1 1218.22

### Osteoarthritis of the Knee or Hip

This is a study for patients who have been diagnosed with osteoarthritis of the knee or hip. If you have experienced some benefit from a prescription NSAID therapy you may be eligible to participate if you are:

- Men or Women, at least 18 yrs old
- Been prescribed: Naproxen, Dicofenac, Celecoxib

Pfizer A4091058

### Osteoporosis Drug Holiday

This study is a drug holiday for postmenopausal women and men who have taken Alendronate (Fosamax) or Risedronate (Actonel) for 5 or more years. You may be eligible to qualify for this study if you are:

- $>$  50 yrs, Men or Postmenopausal Women, diagnosed with osteoporosis
- Taken Alendronate or Risedronate for  $\geq$  5 years

NBHADHI



## How are Participants Chosen for a Study?

All clinical trials have guidelines allowing or disallowing a person to qualify for participation. The criteria is based on age, gender, type of disease, previous treatment history, existing medical conditions, and any medications currently being taken. The criteria is used to identify appropriate individuals, ensure their safety during the trial, and provide the researchers with accurate data to answer the question under study.

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**Research volunteer's are heros.**



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Are you a woman 65 years or older with osteoporosis?

Have you been taking alendronate (Fosamax®/Binosto™) for 3 or more years?

**Should I continue my alendronate?**

**If I continue...**

- How will I know I have taken it long enough?
- Do I need to worry about long term safety?

**If I stop...**

- Am I at risk for a new broken bone?
- Will I still be protected from broken bones?

**Be part of the answer! Ask your doctor or health care provider about enrolling in EDGE today!**

**EFFECTIVENESS OF DISCONTINUING BISPHOSPHONATE STUDY**  
EDGE is a multi-site clinical trial led by the University of Alabama at Birmingham and funded by the National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)

### Osteoporosis

This study is an observational study for postmenopausal women who have taken Alendronate (Fosamax) for osteoporosis. You may be eligible to qualify for this study if you are:

- > 65 yrs, Postmenopausal Women, diagnosed with osteoporosis
- Taken Alendronate for  $\geq$  3 years

Edge

### Over Active Bladder

This is an observational study for patients who have been diagnosed and being treated by Dr. Lance Rudolph MD or Julia Chavez CNP for OAB. If you have had symptoms of overactive bladder and you are initiating a new course of medication, or needing a change in medication you may be eligible.

Astellas

### Vaginal Dryness

This study is for an investigational medication for women who suffer with moderate to severe vaginal dryness due to menopause. You may be eligible to participate in this study if you are:

- Between 40-80 yrs of age
- Postmenopausal

Shionogi